

Vegetarian Phrases by *Taste of Slow*

GO TRAVEL - GO GREEN - GO SLOW



Basic phrases:

Hello

How are you

I'm fine

Thank you

Goodbye

No

Yes

Excuse me/sorry

Please

I do not understand

I understand

Do you speak English?

Habari | Hujambo?

Habari yako

Mzuri sana

Asante

Kwaheri

Hapana | La

Ndiyo

Samahani | Pole

Tafadhali

Sielewi

Naelewa

Wazungumza Kiingereza?



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Vegetarian phrases:

| | |
|---|---|
| I'm a vegetarian | Mimi sili nyama |
| I'm a vegan | Mimi sili nyama wala bidha za wanyama |
| I eat | Mimi hula |
| I do not eat | Mimi sili |
| Meat | Nyama |
| Meat broth | Mchuzi wa nyama |
| Pork | Nyama ya nguruwe |
| Chicken | Kuku |
| Fish | Samaki |
| Eggs | Mayai |
| Dairy products | Bidha za maziwa |
| Cheese | Jibini |
| Milk | Maziwa |
| Vegetables | Mboga |
| Potatoes | Viazi |
| Salad | Saladi |
| Rice | Mchele |
| Pasta | Pasta |
| Bread | Mkate |
| Fruit | Matunda |
| Nuts | Kokwa |
| Olives | Zaituni Mizaituni |
| Ssalt | Chumvi |
| Pepper | Pili pili |
| Fruit juice | Maji ya matunda |
| Tea | Chai |
| Coffee | Kahawa |
| Restaurant | Mkahawa |
| Do you have any vegetarian dishes? | Mna sahani zozote za mboga? |
| Are there any vegetarian restaurants nearby? | Kuna mikahwa karibu ambaye yauza mboga? |

These phrases are translated with the help from friends or helpful locals, and have not been through a professional translation process.
If you find any errors, be kind and notify me at post@tasteofslow.com

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